



LOS CERRITOS MIDDLE SCHOOL COUNSELING WINTER NEWSLETTER



What's Happening in Counseling

2024-2025 Registration

Registration for the 2024-2025 school year began February 7th and goes through March. The school counseling team has been meeting with every 6th and 7th grade student 1:1 to review their course preference form and ensure they are scheduled for their 2024-2025 classes. The school counseling team will also be visiting the elementary schools, delivery classroom presentations, and hosting a parent information night for incoming 6th grade students in March.



CLASSROOM LESSONS

6th Grade Time Management and Organizational Skills Lesson (Fall 2023)

Students learned about time management, organization and were taught to reflect on possible barriers to successful time management.

7th Grade Career Pathway Exploration Lesson Lesson provided on 1/31

Students explored future careers, occupations and/or professions based on their strengths and interests. Students completed a Career Zone survey.

Coming up:

8th Grade Begin with the End in Mind Lesson March 20th, 2024

Students will learn how to calculate their GPA, demonstrate knowledge of high school terminology, high school graduation and A-G requirements, in addition to post-secondary college and career possibilities.

Q3 PROGRESS GRADE REPORT FOLLOW UP

We will be meeting with students who earn a D and/or F on the Q3 progress report to talk with them about their grades and academic progress. We will be encouraging your student to utilize math help and/or other resources available to them to get additional support if needed.

COFFEE WITH THE SCHOOL COUNSELOR

We held a virtual coffee with the school counselor to share information on Academics and Registration for grades 6-8

COOKIES WITH THE SCHOOL COUNSELOR

We invited students who improved their grades on the D/F list to join us for Cookies with the School Counselor at lunch. Students were provided a cookie and praise for working hard to bring their grades up from the Q2 grade report to semester 1 grades. We are SO proud of them!



LOS CERRITOS MIDDLE SCHOOL COUNSELING



Upcoming Events

Parent Information Night February 27th 6:30-7:30pm Building Resiliency in Adolescence

Daniel Veselak, licensed therapist at the Ludington Institute, working with teens and their families, joins us to present on the topic of resiliency. He will be providing insight into the complex nature of adolescent's life: family dynamics, peers and school. Find the link to join the TEAMS event on the Leopard Letter and/or in your email.



College/Career facts over the daily announcements each day & college gear given out throughout the week

Monday: Classroom Door Decorating Contest:
Your teachers College Alma Mater

Tuesday: College/Career Table Fair! [Bingo Card Activity]
& Dress to Impress Day: Dress as you would for an interview or for your future career.

Wednesday: Photo "Booth" at lunch! Take a picture with your future career idea or college banner.

Thursday: Wear a College Shirt, Jersey or College Colors!





LOS CERRITOS MIDDLE SCHOOL COUNSELOR DATA



School Counselor Visits Data

3133

**School Counselor
Visits as of 2/23**



This number includes the following categories:

Tier 1: Academic Counseling

Tier 2: Social Emotional Counseling

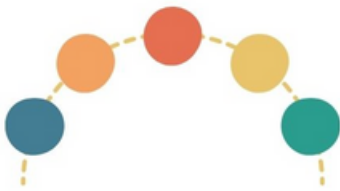
Tier 3: College & Career Counseling

Crisis Responses

Classroom Lessons

Communication with home/school

Meetings with parents and teachers



Our mission is to improve student achievement and well-being through direct and indirect support service delivered via school-wide, small group, and individual instruction, in accordance with the American School Counselor Association standards for School Counselor

Career Pathways Lesson Data

CAREER PATHWAYS LESSON

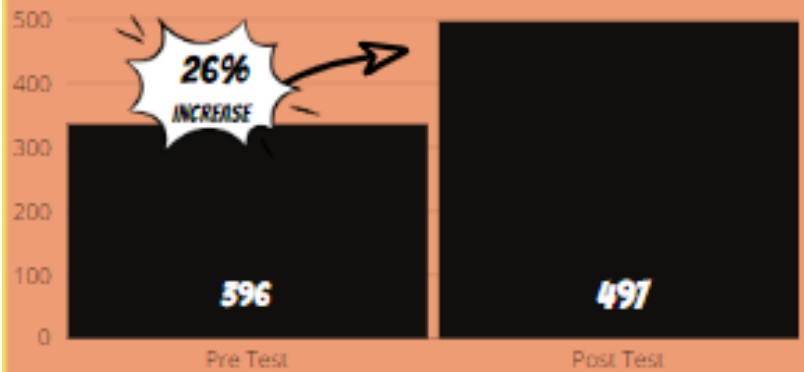
DELIVERED TO
ALL 7TH GRADE STUDENTS

PARTICIPATION DATA



242
STUDENTS

KNOWLEDGE OF CAREER PATHWAYS CORRECT ANSWERS



Following the Career Pathways Lesson

- 127 students report feeling very confident in their ability to identify and research different career paths based on their strengths and interests
- 105 students state they are familiar with careers that match their skills or interests
- 137 students now know how to find out what education and skills are needed to achieve a career goal.