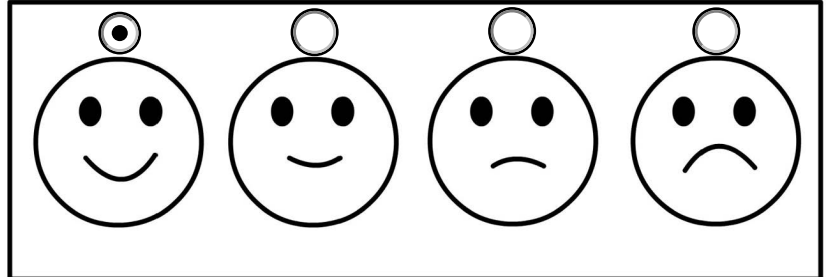


Name: \_\_\_\_\_

# Feelings Check-In

How am I feeling?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



## My Favorite New Activity

Inside:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Outside:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

## I Really Miss

1.

\_\_\_\_\_  
\_\_\_\_\_

2.

\_\_\_\_\_  
\_\_\_\_\_

3.

\_\_\_\_\_  
\_\_\_\_\_

Things I'm looking forward to:

1.

2.

3.

\_\_\_\_\_  
Today I will do this because it brings me joy: