Los Cerritos Middle School
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Brandy LaRue
Principal

Mark W. McLaughlin, Ed.D.
Superintendent

Independent Study P.E. Application
2026-2027 Academic Year

Dear Parent and Student:

Attached is the application packet for the Conejo Valley Unified School District's Independent Study Physical Education program. This program is designed for the **extraordinary athlete** who competes at a highly advanced level of competition and/or performance on an individual basis. This program is **not designed for team sports** (competitive cheerleading, hockey, soccer, etc). Each student must provide proof of individual ranking in a solo competition and/or performance with their application.

CVUSD Board Policy 6158 "Independent Study" (Updated October 4, 2023)

"Applicants must be in grades 6-12, have an overall grade point average of 2.0, and have received physical education credit with a grade of C or better for the two quarters preceding the period for which the original request is made. Students must maintain an overall 2.0 grade point average to continue in the Independent Study Physical Education Program."

"Independent Study Physical Education must develop proficiency, knowledge, and skills that cannot be achieved within an in-school program. For approval of Independent Study Physical Education, a student must be performing at an advanced level of competency and/or performance and be individually ranked at the National, Olympic, or Elite level. (Students on travel teams, club teams, etc. do not qualify for Independent Study Physical Education)"

The CVUSD will allow students to be exempted from regular physical education classes during the first or last period of the school day for a complete semester/trimester or year if they are participating in an approved Independent Study Physical Education Program (ISPE).

The student who participates in the ISPE program must develop proficiency, knowledge, and skills that cannot be achieved within an in-school program. Students **must** also participate in any of the State-mandated education tests physical tests must be completed before credit can be given for ISPE.

There will be **no cost incurred** to the District for a student's participation in ISPE. Transportation of the student to and from the Independent Study Physical Education Program is the responsibility of the student and parent. The District will not be expected to provide any instructional supplies, textbooks, equipment, or other materials for the ISPE program and/or activities.

ISPE is to be taken from a CVUSD approved school or program with professionally trained and experienced personnel. Off-campus schools, institutions, clubs, organizations, and Instructors shall provide to the District written evidence of background and experience. They must be willing to cooperate fully with the District in the conduct of the program and will assume responsibility for maintaining the quality of instruction, dates and times of meetings, immediate supervision of the student, evaluation of the student's performance and progress and timely submission of *Monthly Attendance Report* forms and *Progress Report* forms to the student's Counseling Office.

Incomplete applications will not be reviewed. Be sure to read over and follow the directions on **How to Apply for Independent Study Physical Education** (Page 2). If you have any questions, please contact our Counseling Secretary/Registrar Cherie Goerisch at cgoerisch@conejousd.org.

Sincerely,
Brandy LaRue
Principal

Please do not submit cover letter with application. Remove this letter for your records. Submit the completed application to your school.